Florence Nightingale in England
10 – 15 July 2014

Nursing Continuing Education contact hours will be provided

“All guides had exceptional knowledge, made connections with all the correct people - I learned a lot and their enthusiasm has made me want to go home and learn even more about Florence Nightingale’s life.”

Linda Brown, Florence Nightingale tour to England, June 2013
Follow in the footsteps of Florence Nightingale on a specially designed tour that breathes life into the remarkable story of this inspirational woman.

Learn of her life from her early home in northern England, to the battlefields of the Crimea and the hospital at Scutari in Istanbul where the wounded arrived in their thousands to be treated by Nightingale. It was the shocking conditions that she encountered during the war that spurred her on in her campaign to improve conditions in army hospitals, which continued throughout her life and helped establish modern nursing practice. In London which formed the centre of her professional life, hear how she campaigned for improvements in health care, hygiene and nursing. To Hampshire in southern England and visit grand Embley Park, a former home of the wealthy Nightingale family and the Nightingale family burial site. Throughout the tour you will hear talks from your expert tour leader and lecturer Louise Selanders as well as local experts.

Arrive in London and transfer to your hotel in the West End. Spend the afternoon at leisure before a welcome dinner with your tour leader and speaker, Professor Louise Selanders, in the evening.

Louise will give a talk the next morning on Florence Nightingale and nineteenth-century London, before you set off on a walking tour of central London via public transport. Visit the atmospheric and suitably Gothic Gordon Museum of Medical History in Guy’s Hospital, the Old Operating Theatre and Nightingale’s St Thomas’ Hospital. Visit the Florence Nightingale Museum and hear a talk from its director, Natasha McEnroe.
Next morning meet with the Chair of the Florence Nightingale Derbyshire Association, Pat Smedley, who will accompany you on your drive into rural England to visit Nightingale’s childhood home in the Amber Valley in Derbyshire. Nightingale returned here by train to Whatstandwell Station when she came back from Scutari and the original platform is still in use today. Stand on the platform upon which Nightingale disembarked after what was no doubt an emotionally charged journey, before she walked to Lea Hurst, one of the homes of her childhood. Pat Smedley will give an informal talk on Nightingale in Derbyshire and you can explore Lea village, where Nightingale lived, and stop for lunch at her local pub, the seventeenth-century Jug and Glass inn. Return to London later that afternoon.

The following morning hear a talk from Louise Selanders on Nightingale and her nursing legacy. The rest of the day is yours to enjoy the myriad attractions of London at leisure. Alternatively you may take a guided tour of London through the elegant and historic area of Mayfair, visiting Shepherd’s Market and Jermyn Street, and onto Piccadilly, Leicester Square and the famous theatreland of Covent Garden. In the evening there is the option of seeing a West End show.

Drive into the lovely rolling countryside of Hampshire the next morning to visit the ancient stone circle of Stonehenge. Continue to St Margaret’s Church in West Wellow, the Nightingale family burial site. This small church was founded in 1215, the year of the signing of the Magna Carta, and contains in one window the ‘Scutari Cross’, originally made of bullets from the Crimea, and beside it a framed text which was hanging in Florence Nightingale’s bedroom when she died. Pay your respects at the grave of Florence Nightingale before continuing to grand Embley Park, a former home of the wealthy Nightingale family, now a school.

Drive to Winchester in the afternoon, an ancient city that was the first capital of England, and take a guided tour of historic Winchester Cathedral. There will be time at leisure to wander around the attractive town home amongst others of Jane Austen. Return to London.

Next morning fly back to the US, or extend in London.
Itinerary 10 – 15 July 2014

5 nights London - Day trip to Derbyshire - Day trip to Hampshire

10 Jul (Thur)  London  D
Am  Arrive London Heathrow and transfer to the 5-star Grange Holborn Hotel
Pm  At leisure
Eve  Welcome dinner

11 Jul (Fri)  London  B
Am  Talk: ‘Florence Nightingale and nineteenth-century Britain’ - Louise Selanders. Take public transport to the Gordon Museum and the Old Operating Theater
Pm  Visit St Thomas Hospital and the Nightingale Museum (Talk from Director Natasha McEnroe)

12 Jul (Sat)  London / Derbyshire  B L
Am  Meet with Chair of the Florence Nightingale Derbyshire Association Pat Smedley and drive to Whatstandwell Station. Talk: ‘The Early Life of Florence Nightingale’ - Pat Smedley. Continue to Nightingale’s childhood home, the village of Lea Hurst
Pm  Lunch at the Jug and Glass Inn. Return to London

13 Jul (Sun)  London
Am  Talk: ‘Florence Nightingale and her Nursing Legacy’ from Louise Selanders. At leisure or take an optional guided tour of London through Mayfair and Shepherds Market, Jermyn Street, Piccadilly, Leicester Square and theatre land to Convent Garden
Pm  Optional West End show

14 Jul (Mon)  London / Hampshire  BD
Am  Drive to Stonehenge and visit the ancient site. Continue to St Margaret’s Church in West Wellow. Visit the grave of Florence Nightingale. Continue onto to visit her home at Embley Park
Pm  Drive to Winchester and take a guided tour of Winchester Cathedral
Eve  Farewell Dinner

15 Jul (Tue)  London  B
Am  Depart London
Tour Leader

**Professor Louise C. Selanders** EdD, RN, FAAN
is a professor at the College of Nursing at Michigan State University. She holds degrees from Michigan State University, Adelphi University in Garden City, NY and Western Michigan University in Kalamazoo, MI. She has extensive teaching experience in undergraduate, graduate and lifelong education programs.

Dr. Selanders is internationally recognized as a Nightingale historian and scholar. With colleagues, she initiated the Nightingale Commemorative Service at the National Cathedral, Washington, DC, which continues as an international means of recognizing the nursing profession and its members. For her work in internationalising the Nightingale model, she was honoured in being selected as a Fellow of the American Academy of Nursing. She is co-author of Florence Nightingale Today: Healing, Leadership, Global Action, which received the 2005 AJN Book of the Year Award. She is a founding member and current board member of the Nightingale Initiative for Global Health which seeks to internationalise the Nightingale Model in achieving the millennium development goals of the United Nations.

The cost of the tour is $1995.00

The cost includes:
- Tour leader and speaker (Professor Louise Selanders)
- Five nights’ accommodation on a sharing basis in a 5-star hotel in central London
- The single supplement for the five nights is $540 per person
- Breakfast daily
- Welcome dinner, pub lunch, farewell dinner
- Airport transfers (for group flight)*
- All travel as per the itinerary
- Zone 1 and 2 Tube passes on 11th July
- Pat Smedley to accompany group on the 12th July
- All admission fees

The cost excludes:
- International flights between US and London
- Meals not mentioned
- All personal extras such as tips, porterage, laundry, inoculation fees and drinks
- Travel insurance
- All optional excursions, tours and visits

* One airport transfer will be organized each way to meet with a flight. Please contact the office to coordinate flights.

Tour Guide

**Pat Smedley** is a qualified history teacher and a Nightingale nurse with over thirty years experience in the UK and internationally. Pat has led tours in the Florence Nightingale Museum for several years, was Chairman of the Friends of the Florence Nightingale Museum, was instrumental in establishing the Florence Nightingale Derbyshire Association.

Hotel

**Grange Holborn Hotel (London)**
The Grange Holborn is a sophisticated 5-star hotel, located close London’s West End, Covent Garden and Theatreland. The hotel features 201 luxury guest bedrooms and suites, fitted with modern amenities including LCD flat screen televisions, en-suite marble bathrooms with luxury toiletries and king and queen-sized beds. Hotel facilities include a bar and restaurants, and a luxury Health and Fitness Club with swimming pool and Spa.

“**All the guides and tour leaders were exceptional**”

Bobbie Richards, US Health Worker,
Florence Nightingale Tour, March 2010
About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

“All guides were excellent. They were very knowledgeable, loved their work, and great ambassadors for both the history and culture of England.”

Zena Kinne, Florence Nightingale tour to England, June 2013

Michigan State University College of Nursing (OH-294, 08/01/2015) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

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Houses of Parliament and Big Ben, London (top); Whatstandwell Station, Derbyshire; The ancient stone circle of Stonehenge in Wiltshire; Walk from your hotel to Covent Garden Market (above)