



Nursing's Role In Transforming Health & Healthcare

Conference Objectives

1. Review the status of health and wellness factors in North Dakota.
2. Illustrate examples of transformative North Dakota projects.
3. Discover the power of evidence to change practice and improve health and health care quality.
4. Discuss utilizing QI, EBP and Nursing Research within organizations and communities to improve quality of life for North Dakotans.
5. Network and develop partnerships among North Dakota nurses.

7:30 - 8:30 AM	Registration and Poster Setup
8:30 - 9:00 AM	Welcome and Introduction: Ballroom Patricia Moulton, PhD Executive Director North Dakota Center for Nursing
9:00 - 10:00 AM	Keynote Speaker Panel: Nursing's Role in Health and Wellness in North Dakota: Ballroom <i>Darleen Bartz, PhD, APRN</i> <i>Chief, Health Resources Section</i> <i>North Dakota Department of Health</i> <i>Jayme Steig, PharmD, RPh</i> <i>Quality Improvement Specialist - Pharmacy</i> <i>Quality Health Associates of North Dakota</i> <i>Alicia Hauff, DNP, FNP-BC</i> <i>Family Nurse Practitioner</i> <i>Family Health Care, Fargo</i>
10:00 - 10:15 AM	Break and Posters: Lobby Break Sponsor: Sigma Theta Tau International Honor Society of Nursing Xi Kappa at Large Chapter

<p>10:15 AM - 12:00 PM</p>	<p>Plenary Session: Ballroom</p> <p><i>Transforming Health through Collaborative Partnerships Presenters:</i> <i>Julie Blehm, MD, FACP, Lacey Bergh, BSN, RN, NE-BC, PCMH CCE, Pat Spier, RN-BC, PCMH CCE</i> <i>Blue Cross Blue Shield of North Dakota</i></p> <p><i>Utilizing Social Marketing to Educate Nursing Students on Health Promotion</i> <i>Presenter: Lindsey Unterseher, MS, RN</i> <i>North Dakota State University at Sanford Health</i></p> <p><i>Interactive Patient Care System: Engaging Patients to Achieve Patient Centered Care Goals</i> <i>Presenters: Sara Stetz, MSN, RN & Crystal Nemer, MSN, RN, CNML</i> <i>Fargo VA Health Care System</i></p>
<p>12:00 - 12:30 PM</p>	<p>Poster Session and Poster Voting: Lobby</p> <p><i>Preventing Hospital Readmissions in the Elderly</i> <i>Authors: Carey Haugen, Jenny Senti and Karen Semmens</i> <i>University of North Dakota and Altru Health System</i></p> <p><i>Transformative Nurse Training: Assessing the Impact of Self-Care Practices of Nurses</i> <i>Author: Joyce Schmaltz</i> <i>Fargo VA Health Care System</i></p> <p><i>The effectiveness and practicality of isolating methicillin-resistant Staphylococcus aureus carriers without active infections</i> <i>Authors: Mitchell Lehn, Brittany Geffre, Tiffeny Longmire & Alice Safe</i> <i>Fargo VA Health Care System</i></p> <p><i>Oral Cares: A Best Practice Approach</i> <i>Authors: Victoria Spofford, Kendra Aakre & Erin Wolters</i> <i>Fargo VA Medical Center</i></p> <p><i>Hypotension is a Common Side Effect of Sedation</i> <i>Author: Kristen Slette</i> <i>Fargo VA Medical Center</i></p> <p><i>Taking a Closer Look at Intentional Injuries in America</i> <i>Authors: Kevin Axtman & Jerome Differding</i> <i>Sanford Health</i></p> <p><i>Bullying Affects the Entire Nursing Profession</i> <i>Author: Heidi Zwetzig</i> <i>Fargo VA Health Care System</i></p>

<p>12:00 - 12:30 PM (cont.)</p>	<p><i>Revising the Facts: Benefits of Advancing from RN to RN, BSN</i> <i>Authors: Holly Sandhurst & Kathleen Swanson North Dakota State University</i></p> <p><i>Evidence-based Recommendations for Intramuscular Injection Aspiration Practice</i> <i>Authors: Heidi Houska, Lucy Kappel and Kate Hoadley Fargo VA Health Care System</i></p>
<p>12:30 - 1:30 PM</p>	<p>Networking Lunch: Lobby & Ballroom</p>
<p>1:30 - 2:30 PM</p>	<p>Breakout Session 1: Conference Room 3</p> <p><i>Implementation of Standard Work for Blood Pressure Readings Not at Goal in the Clinic Setting</i> <i>Presenter: Mary Hegseth Additional Authors: West Region Primary Care Standard Workflow Committee, Essentia Health</i></p> <p><i>The Role of Nursing in Early AV Fistula Placement of Chronic Kidney Disease Patients</i> <i>Presenter: Carey Haugen, University of North Dakota</i></p> <p><i>Moderator: Dana Kitsch, Fargo, VA Health System</i></p> <p>Breakout Session 2: Conference 4</p> <p><i>Cultural Competence Levels for Students in Three Nursing Programs at One ND School</i> <i>Presenter: Norma Kiser-Larson Additional Authors: Loretta Heuer, Misty Condiff, Mihaela “Ina” Cernusca, Kay Schwarzwalter, Miranda Halkini, James Deal, Amanda Nordick & Winta Yallew, North Dakota State University</i></p> <p><i>Photovoice: A Participatory Action Research Strategy Applied to Health and Environment on a Tribal Nation</i> <i>Presenter: Loretta Heuer Additional Authors: Abby Gold, Mindy Anderson, Mary Leff, & Ella Young, North Dakota State University School of Nursing, North Dakota State University Department of Public Health & Mount Sinai Medical School</i></p> <p><i>Moderator: Tammy Buchholz, North Dakota Board of Nursing</i></p>

<p>2:30 - 2:45 PM</p>	<p>Break and Posters Poster voting ends at 2:45 PM</p> <p>Break Sponsor: Minnesota State University, Moorhead School of Nursing and Health Care Leadership</p>
<p>2:45 - 3:45 PM</p>	<p>Breakout Sessions</p> <p>Breakout Session 3: Conference Room 3</p> <p><i>A Stroke Nurse Boot Camp: Improving the Confidence of Critical Access Hospital Nurses</i> <i>Presenter: Megan Tykwinski</i> <i>Additional Authors: Ahren Dosch, Julie Rosenberg & Marlee Hurtt</i> <i>Essentia Health</i></p> <p><i>Behavioral Modifications in Hypertension Patients Living in Rural Communities</i> <i>Presenter: Tara Brandner, Ashley Medical Center</i></p> <p><i>Moderator: Karen Robinson, Sanford Health/Essentia Health</i></p> <p>Breakout Session 4: Conference Room 4</p> <p><i>Interdisciplinary Case-study Events for Dietetics, Education, Exercise Science, Health Care Administration, Nursing and Social Work Students: Enhancing Effective Communication Between Disciplines</i> <i>Presenter: Jennifer DeJong and Jack Rydell</i> <i>Additional Authors: D. Anderson, L. Dahley, A. Gust, T. Langlie, B. Larson, K. Loberg</i> <i>Concordia College</i></p> <p><i>Do Multiple Choice Exams in Nursing Education Measure Up? Utilizing Faculty Development to Improve Test Construction and Analysis</i> <i>Presenter: Wendy Kopp</i> <i>Additional Author: Jill Johnson</i> <i>North Dakota State University Nursing at Sanford Health Bismarck</i></p> <p><i>Moderator: Jena Bruhn, Essentia Health</i></p>

4:00 - 5:00 PM	Closing Keynote and Poser Award: Ballroom <i>Saving Lives & Transforming Health: The Power of Nursing Evidence to Reduce ND's Leading Cause of Death</i> <i>Kelly Buettner-Schmidt, PhD, RN</i> <i>Associate Professor</i> <i>North Dakota State University School of Nursing</i>
5:00 - 6:00 PM	Poster Takedown

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